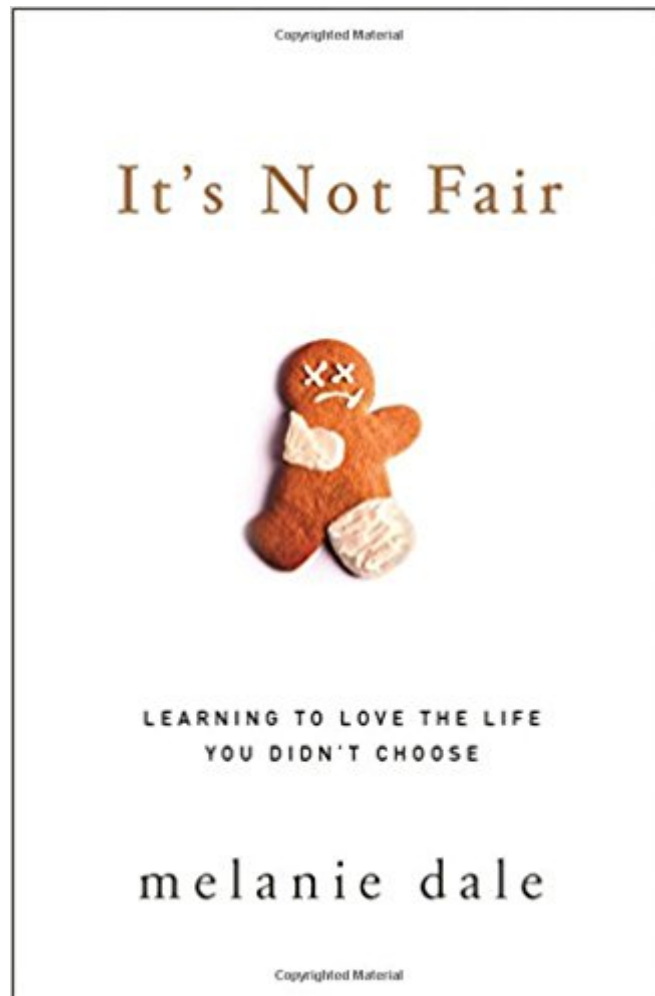




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# It's Not Fair: Learning To Love The Life You Didn't Choose



## Synopsis

Hey, you. Are you debating whether to destroy something with your bare hands or curl up on the couch for a decade or two? This book will solve all of your problems. (Sheesh, that's aiming a bit high.) This book is a cup of hot coffee, a ginormous bar of chocolate, or the magical fairy that comes over and does your dishes while you lie in the fetal position clutching a fluffy pillow. Sometimes when life falls apart the only acceptable response is hysterical laughter. When things get so far gone, so spectacularly a world away from any plans you made or dreams you dreamed, you feel it bubbling up inside of you and you scream, "It's not fair!" And it isn't. Fair is an illusion, and life is weird. This book will help you laugh at life's absurd backhands. This book is an empathetic groan of our collective unfairnesses. You might want to throw it across the room, and you might want to hug it like your new best friend. This book is about us sitting down together in our shared mess, taking a deep breath, gripping hands, looking the hard stuff in its beady little eyeballs, and bahahahaaing at it. Life's not fair, but we can learn to love this life we didn't choose.

## Book Information

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## Customer Reviews

Melanie Dale is a minivan mama and total weirdo who stinks at small talk. Her laugh is a combination honk-snort, and it's so bad that people have moved away from her in the movie theater. She adores sci-fi and superheroes and is terrified of Pinterest. Author of *Women Are*

Scary: The Totally Awkward Adventure of Finding Mom Friends, she loves speaking, writing for Coffee+Crumbs, and advocating for Children's HopeChest. Living in the Atlanta area with her husband and three kids, she blogs at Unexpected.org. ~ ~ ~ ~

This book is just beautiful. The author shares both personal and friends' stories of infertility, failed marriage, unexpected death and loss...it's an honest look at how life just doesn't look the way we expect and what we can do/be if we are the one in pain and how we can help/be when we see people in pain. She's funny, snarky and points back to Jesus over and over. It's an emotional but beautiful read. Highly recommend.

This book is balm to the soul for anyone who has experienced loss, pain or just muttered the words "it's not fair" under their breath. Melanie Dale reaches out with a hearty hug and a "me too" in this book. You don't have to battle infertility, loss, depression, mental illnesses, challenging parenting situations, and life's mishaps alone, and this book shows you how to mourn and choose joy all in the same breath (or at least subsequent ones). I'm going to be doing a book club with my "mom" friends this fall and I can't wait for the discussion that will spark and the relationships that we will strengthen because of vulnerability and empathy cultivated towards one another. Thank you, Melanie Dale, for talking about the things that are hard to talk about - breaking the ice for all of us thinking the same things so that we can just jump right in.

As someone who suffered through infertility and watched my precious only child do the same, I can so relate. Only someone who has "walked a mile in those shoes" can totally understand how devastating it can be. Two adopted boys later and after lots of prayer, gnashing of teeth and fist waving I now have two beautiful granddaughters. Yes, life isn't fair. But God in his infinite mercy knows just what we need and when we need it. I am so happy He sent this book to me! A must read for all women

I loved this book because Melanie is so freaking honest. I relate to her thought process, humor, and frankness when talking about her relationship with God. I totally recommend this book and the fresh perspective that it offers. "God, thanks for never leaving or forsaking me. And thanks for the freedom to worship you in limbo. I'm really glad you're so big I can't figure you out. It's actually comforting." (p.247) Amen! P.S. You'll need a box of Nerds while you read this, trust me!

Funny. Entertaining. Real. Needed. This book delivers! If you feel, or have ever felt, that you've been handed some things in life that just didn't seem fair, this is a **MUST READ BOOK!** Melanie does a great job helping you realize that your "not so great reactions" to life's issues simply makes you human and just like everybody else! Yet at the same time, this book gives you hope that there is a purpose in all the chaos and suffering. Definitely a 5 star book! Enjoy!!

Melanie puts a hilarious spin on all the hard things in life. So glad I read this at a time when I'm having to love this life I wouldn't necessarily have chosen. While I didn't identify with the entire book, I will be recommending it to those I know to be walking some of these same roads. Well done.

What I loved about this book is that it's just so stinking honest. There's so much in my own life (big and little) that I've "secretly" thought It's Not Fair... and Melanie just says it. She lays it out and I felt like I had permission to say/feel/think "this isn't what was supposed to happen" and 1. not feel bad about feeling this way and 2. acknowledge the struggle is part of a bigger purpose. She handles the real hard, heartbreaking subjects with grace and laugh-out-loud humor -- this book is a gift to anyone who has, or is, or knows someone going through a serious struggle.

She's an awesome read! Love her. I saw her speak in person before I bought any of her books. She is hilarious. I also got her other book about women being scary. Her books are entertaining but have so much truth! I would recommend all her books to my friends and family.

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